



INTENT

What are we trying to achieve

We aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education (through the Jigsaw programme) that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

Relationships and Sex Education (RSE) provided through the jigsaw programme, along with Health Education (HE), will be statutory, and form part of the National Curriculum. Our RSE provision is appropriate for our students based on their:

Age appropriate in approach and content meeting physical and emotional maturity
Religious and cultural backgrounds
Special educational needs and disabilities

We believe sex education is best defined as '... lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity'. (Sex Education and Relationship Education Guidance 2000). In our academies PSHE and RSE are part of the personal, social and health education curriculum using Jigsaw.

Through Jigsaw we inform children about sexual issues but in the context of morality and individual responsibility. This allows children to ask and explore moral questions. Under no circumstance do we use sex education as a means of promoting any form of sexual orientation. Our school's overarching intent for our students is to provide a Personal, Social, Health and Economic (PSHE) education programme which incorporates Relationship and Sex Education (RSE) which ensures all students are provided with:

- Accurate, balanced and relevant knowledge.
- Opportunities to turn that knowledge into personal understanding.
- Opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, rights and responsibilities.
- The skills, language and strategies they need in order to live healthy, safe, fulfilling responsible and balanced lives.
- Opportunities to develop positive personal attributes such as resilience, self-confidence, self-esteem and empathy.
- Accurate, balanced and relevant knowledge to enable them to appreciate what it means to be a positive, tolerant member of a diverse multicultural society.



IMPLEMENTATION

How we are going to do it

We work alongside the PSHE Association, which is recommended by the Department for Education Programme of Study and the Jigsaw programme, not only do they address the specific needs of the students but also reflect the universal needs shared by all students.

Through the Jigsaw programme we teach the following themes.

Being me in my world

celebrating difference

Dreams and Goals

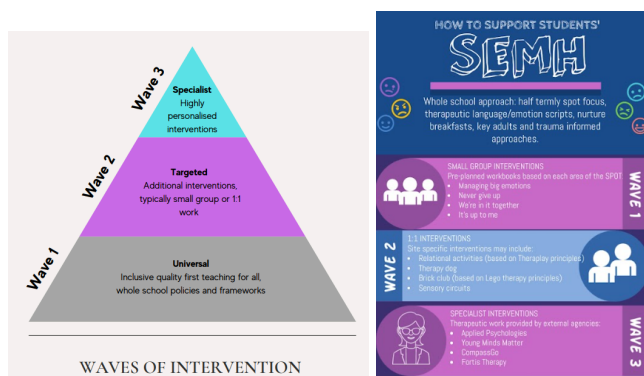
Healthy me

Relationships

Changing me

Jigsaw addresses both students' direct experience and preparation for their future. Therefore, we feel it is important to provide a spiral programme of knowledge, skills and attribute development, where prior learning is revisited, reinforced and extended in age and key stage appropriate contexts. We feel that PSHE education should reflect the universal needs shared by all students as well as the specific needs of the students at our school.

PSHE/RSE will also be taught through our SEMH SPOT tools and profiles providing an individual support to each student within our academy. They will also be taught through our wave interventions:



WELLSPRING

We Make A Difference

IMPACT

How we will know we are doing well

RSE focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds including:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual

These areas of learning are taught within the context of family life taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

Having awareness days/internal speakers for RSE/PSHE will have a positive impact on the students as their awareness of reality situations that they may have experienced already will provide them with many opportunities to share these and discuss various situations that could happen in their lives. They also provide students with further knowledge on sexual health, alcohol awareness, smoking, suicide and many more. We believe as an academy that our students have a voice and are able and comfortable sharing their thoughts and opinions in all aspects of everyday life and these awareness opportunities will provide the scope for this, they will encourage students to make the right choices and build happy, safe and fulfilment in their lives.



WELLSPRING

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