

Telephone support for those isolating/vulnerable/older/lonely/families of specific groups:

Organisation name	Service type	Restrictions	Contact
Friendship at Home	Telephone befriending	Service aimed at older people, may be asked to become a member (free to join)	01472 602500
Shalom – St John and St Stephen Church	Telephone befriending	Surrounding area – East Marsh. People in need.	Contact Rev Kay Jones 07811747569
Humberston Village Council	Telephone befriending	Humberston residents only	Contact Sue Bailey via https://engb.facebook.com/pg/HumberstonVillageCouncil/posts/ or 07976 853698
NEL Neighbourhood Watch	Telephone befriending	East Marsh, Croft Baker and Sidney Sussex residents only.	Contact Glyn Atkinson 07540 052494
Climb4	Telephone support for vulnerable families and children's and offering free monthly activity packs to families, children and young people experiencing mental health challenges or risks	For vulnerable families and those self-isolating or with low level mental health problems. Can also offer activity packs for children in need.	info@climb-4-limited.co.uk 01472 236688 Ext 270 To order packs: https://www.surveymonkey.co.uk/r/XXBPJJ8
Your place	Telephone befriending	Anyone in North East Lincolnshire, of any age who needs a listening ear	07495 917270
Creative Start CIC- The comeback	Peer support for those affected by addiction; mental health, isolation and/or in addiction recover	One-to-one telephone support – numbers on website Virtual meeting daily at 12:30 midday for anyone affected by addiction – free to join	Email hello@creativestart.org Web- https://www.creativestartcic.org/ Call 07511 875 707 to find out more.
CPO	Telephone befriending	People who are self-isolating. Whole of North East Lincolnshire	01472 236680 maureen@mycpo.co.uk Mon – Fri 9:00am – 4:00pm

Health and Wellbeing Collaborative	Befriending service through phone calls	Whole of NEL	07730014856 or 07825316901 or 07770657737
Park Ward Together	Welfare telephone checks	Residents of Park Ward but only those who are isolating or vulnerable	Bill Geer - 07843680620 bgeer@nhs.net
CARE	Befriending	Whole of North East Lincolnshire	enquiries@carenelincs.co.uk 01472 232310 1pm – 4pm Monday to Friday
Alzheimer's Society NEL	Telephone Side by Side Service	People with dementia and carers	01472 359247
Oasis Hub South Grimsby	Welfare telephone calls to adults	South ward only	Michelle.Donner@oasiswintringham.org 07983298965
		Whole of North East Lincolnshire to support those (over 18) at their most vulnerable without family or other support. The shopping needs to be paid for.	Tel:01472 871157 07713385257 Open 7 days a week 10am-6pm