

Advice – including welfare benefits, debt, housing, tenancy, mental health etc. – REFER TO COUNCIL SERVICES OR DWP if more appropriate:

Organisation name	Service type	Restrictions	Contact
Citizens Advice NEL	Welfare Advice e.g. housing and benefits (debts and employment advice)	Whole of NEL	0344 411 1444
Centre 4	Welfare Advice e.g. housing and benefits	See relevant times	Liz 07514496874 (Mon-Wed) Sarah 07514493881 (Thu-Fri)
CARE	Welfare Advice e.g. housing and benefits	New and existing clients, telephone support only, all drop-ins cancelled. Also emotional support on the telephone for those isolated and concerned.	01472 232310 1pm – 4pm Monday to Friday
SSAFA the Armed Forces Charity Grimsby & Cleethorpes Division	Welfare support for veterans' & their families	For veterans' & their families residing in North East Lincolnshire ONLY (Proof of service is required).	mark.trainor@lincolnshire.ssafa.org.uk Tel: 01472 278140 Monday, Wednesday and Friday 9:30am –12:30pm
Fishermen's Mission	"general living Funds" for those who are applying for UC or other benefits, applications for help for white goods, brown goods (chairs/carpets/bed/mattress	For active/former or retired fishermen and their families, at this time they can also help Merchant and Navy personal	Contact Suesan Brown 07803745610 grimsbycentre@fishermensmission.org.uk

	etc)		
North East Lincolnshire Mind	Mental health support, Safe Space service 5:30 – 11pm via Zoom. Also offering Peer Support and Ways to Wellbeing groups via Zoom. Click here for more information.	Whole of North East Lincolnshire	All enquiries directed to 01472 349991 or the information line free phone 0800 1380990 www.nelmind.org.uk https://navigocare.co.uk/what-wedo/services-z/safespace
Oasis Hub South Grimsby	Advice – including welfare benefits & debt, mental health support, young person and family support and activities	South Ward only	Michelle.Donner@oasiswintringham.org 07983298965
Longhurst	Offer advice – including welfare benefits, debt, housing, tenancy etc.	North East Lincolnshire	01472 256436
Alzheimer's Society NEL	Dementia Advise and support Service Carers Information Support Programme (CrISP)	People with dementia and carers	01472 359247
NSPCC Grimsby	Provides therapeutic services to help	Children Services Support	01472 803500

	children move on from abuse, as well as supporting parents and families in caring for their children.		
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